



CONCEPTS
FOR HEALTH

Patient Portal

Concepts For Health is using a computer program called Nutralysis. This program allows you, as a patient of Concepts For Health to access our "Patient Portal."

To begin using your individual patient portal, go to NutraPatient.com. You will be directed to type in your email address that you've given to Concepts for Health. The initial **default password is "CFH" (capital letters)**. You will then be required to change the password after logging in.

As you view your patient portal, five (5) categories are shown on the left side of the computer screen:

- Welcome
- Nutrition Schedule
- Appointments
- Files and Forms
- My Profile

In the "Welcome" category, several items are shown, some of which we will request to be completed at various times as we need them to assist you in attaining health.

The "Nutritional Schedule" lists the supplements that are suggested for you along with the number and times of day these supplements are to be taken. Comments may appear in the right-hand column. In the left-hand column, you will see the word REFILL by each supplement. No matter the color or the days the program states you have remaining in your current supply, if you are in need of the item, click on REFILL and the office will be notified. If you wish to receive a different size bottle than the one listed, or should you wish to receive an item we carry, such as Echinacea Premium or the Herbal Throat Spray, please let us know by e-mailing a note to us at orders@conceptsforhealth.com.

The "Appointments" category allows you to see upcoming appointment's date and time. You are also able to schedule an appointment this way as well as calling or emailing us. When you enter this category, the highlighted portions (blue) are available time slots. Keep in mind that appointments are usually ½ hour. Please contact us by using the above e-mail address or by phone to confirm our availability at a particular location, date and time.

"Files and Forms" includes such information as:

- Surveys and forms that you have filled out and sent to the office through the patient portal.
- Past and upcoming appointments
- Invoices/receipts

All of these items can be opened for your review.

"My Profile" contains your basic information such as name, address, e-mail, and phone numbers. You may change any of the information if necessary.

Should you have questions or comments on the use of Patient Portal, feel free to contact us.